

# BOWTECH®

*The Original Bowen Technique*



## Learn Bowen technique!

Would you like to learn more about the fastest growing hands-on technique that is revolutionising the Healthcare World?

Expand your income and widen your knowledge by joining an Introduction course in the original Bowen Technique. You will get an insight into this amazing technique from an internationally accredited Instructor. You will take home procedures which can help friends and family.

*Please note it's taught in English.*

## What is the Bowen Technique?

A gentle yet highly effective treatment, which consists of cross fibre moves over muscles, tendons and ligaments. These very precise 'moves' can bring the body back into alignment by sending a message through the structures informing the body of the tension levels. This allows the body to make the necessary adjustments without force. Easier on the client and the Practitioner.

Conditions responding well to Bowen

- Back, neck, shoulder pain
- Respiratory conditions
- ME, stress
- Hormonal/Pregnancy problems
- IBS, digestive disorders
- Sports injuries
- Migraine/Headaches
- General health
- Childhood conditions and more...

### Introduction Day

**Naarden**

Sat 5<sup>th</sup> November

9am-5pm

For details call or email

[Jacqui.hoitingh@gmail.com](mailto:Jacqui.hoitingh@gmail.com)

Cost €175

*To apply for the course or for more information contact*

*Jacqui Hoitingh BTAA – Practitioner & Instructor*

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